## Reiki Sessions

60min- \$100 90min- \$150

## **Distant Sessions**

30min- \$30 60min - \$60 90min- \$110

# **Packages**

60 & 90min options available
4 pack in person sessions 15% off
4 pack distant sessions 10% off
(package must be used in 30 days of purchase)

## Innerdance

1:1 in person 2hrs \$120 1:1 online \$60 Group sessions ( in person & online) \$25 each (min of 4 people) Groups less than 4 \$35 each

## Meditation

1:1 in person 45min \$50
1:1 online 45min \$25

Group sessions (in person & online \$20 each (min of 4 people)
Groups less than 4 \$30 each
In person & online meditation
Guided / space held for silence / Frequency
Learn how to meditate with:

-the power of intention
- the elements
-breathing techniques
-binaural beats
-chakra energy centers

-sacred meditation space
Offerings infused with Reiki
(Custom packages available for Innerdance & Meditation)
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